Please read these instructions carefully before completing this form.

When to Use This Form	Complete this form only if you want the Social Security Administration to give information or records about you to an individual or group (for example, a doctor, or an insurance company).
	 Natural or adoptive parents or a legal guardian, acting on behalf of a minor, who want us to release the minor's: nonmedical records, should use this form. medical records, should not use this form, but should contact us.
	Note: Do not use this form to request information about your earnings or employment history. To do this, complete Form SSA-7050-F4. You can get this form at any Social Security office.
How to Complete This Form	 This consent form must be completed and signed only by: the person to whom the information or record applies, or the parent or legal guardian of a minor to whom the nonmedical information applies, or the legal guardian of a legally incompetent adult to whom the information applies.
	 To complete this form: Fill in the name, date of birth, and Social Security Number of the person to whom the information applies. Fill in the name and address of the individual or group to which we will send the information. Fill in the reason you are requesting the information. Check the type(s) of information you want us to release. Sign and date the form. If you are not the person whose record we will release, please state your relationship to that person.

PAPERWORK REDUCTION ACT: Paperwork Reduction Act Statement: This information collection meets the clearance requirements of 44 U.S.C. § 3507, as amended by section 2 of the Paperwork Reduction Act of 1995. You do not need to answer these questions unless we display a valid Office of Management and Budget control number. We estimate that it will take about 3 minutes to read the instructions, gather the facts, and answer the questions. The office is listed under U. S. Government agencies in your telephone directory or you may call 1-800-772-1213 for the address. You may send comments on our estimate of the time needed to complete the form to: SSA, 1338 Annex Building, Baltimore, MD 21235-6401. Send only comments relating to our time estimate to this address, not the completed form.

TO: Social Security Administration

Name	Date of Birth	Social Security Number
I authorize the Social Security	Administration to release in	formation or records about

me to:		
NAME	ADDRESS	
want this information released beca	ause:	
(There may be a charge for releasing inform	nation)	
Please release the following informa		
Social Security Number		
Identifying information (includ Monthly Social Security benef		arents' names)
Monthly Supplemental Securit		
Information about benefits/payments I received from to		
Information about my Medicare claim/coverage from		to
Medical records		
Record(s) from my file (specif	y)	
Other (specify)		

I am the individual to whom the information/record applies or that person's parent (if a minor) or legal guardian. I declare under penalty of perjury that I have examined all the information on this form and it is true and correct to the best of my knowledge. I understand that anyone who knowingly gives a false or misleading statement about a material fact in this information, or causes someone else to do so, commits a crime and may be sent to prison, or may face other penalties, or both.

Signature:	
(Show signatures, names, and addresses of two peop	ole if signed by mark.)
Date:	Relationship: